Parent Training Evaluation/Quiz

Name of Training: **Bringing Families on the Resilience-Building Journey** Parent Email:_____
Name of Parent:_____ Parent Contact Number:_____
Name of Child: _____

1. **T/F:** Resilience is being able to recover from misfortune or change.

2. **Fill in the blank:** _____ of a child's brain development happens before age 5.

3. **Multiple Choice:** Promoting positive parenting for young children includes which of the following: A: Consistency
   B: Attuned Relationships
   C: Environment
   D: All of the above
4. Did this training improve or add to your parenting skills? If so, how?

5. Name one thing you will do differently because of the training you have completed?

6. Would you be interested in more parenting classes? If so, on what?

Thank you for attending. July 2018